

Professional Hypnotists of WA Inc

Volume 2, Issue 1

January 2007

The opinions expressed in this newsletter are of each author.

Advertisements are solely for general information and not necessarily endorsed by the association.

PTWA takes no responsibility for Training Opportunities provided - we are merely providing you with information.

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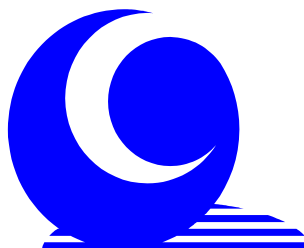
Sadly, there are no articles or profiles this month. Nothing at all received from members and I have not had the time to search for quality articles!

Happy new year to all.....

Happy new year and I sincerely hope 2007 has started well for you all..

Well, I'll start this issue with the embarrassing news that our new name is NOT Hypnosis Australia Inc. After submitting the paperwork etc, the Department of Fair Trading then informed us we couldn't have the name after all! To avoid more time delays and false announcements, Sandi submitted to Fair Trading all name choices (as per the member voting results in December) in one hit!

They were not impressed with us for doing this but neither were we prepared to waste another 2 months messing about! Of all 6 submitted, the only name available was Professional Hypnotists of WA Inc. Understandably, many members are un-



happy about the "hypnotists" aspect of the name and being one of those people, I totally understand this. However, there are 2 reasons for this - a) this was the name submitted by members and voted upon and b) using "hypnotherapist" prior to promulgation is not a wise idea.

On behalf of the Committee and the members, we offer a huge **congratulations to Rick and Tanya** who are now the proud parents of Daniel Ormond Collingwood! I'm sure you all join me in wishing them the very best.

It is with sadness and regret that we share **Patricia Barker's** resignation with you. Patricia, along with Rick, has been one of the main movers and shakers since WAHA's inception and she has done so very much for hypnosis in WA. We are truly sorry she chose to resign and wish her all the very best in the future.



New member enquiries - during the month of January, we've had 6 new member enquiries. Add this to the 4 in December - we're doing well. As I mentioned in the last newsletter, the website is serving us well. The other source of enquiries are from training conducted by both Rick Collingwood and Linda Bright.

Professional Development (if you did not receive this, please email Mailin)

As most of you are aware, the training sub-committee submitted the professional development proposal at the meeting on the 21st January. I'd like to thank the sub-committee members - Linda Bright, Sonia Czernik, Jan Duncan and Kathryn Sturtridge for their fabulous work. I'd also like to thank Dennis Shepherd for providing the original PD document used as a guide.

This is a very exciting development for us as an Association! The membership structure takes into consideration all levels of our membership and allows flexibility.

- Without change, there is no growth.
- Providing evidence of ongoing PD is the accepted requirement in any professional organisation or association.
- PD benefits YOU as professionals. It is our responsibility to remain up to date in knowledge and experience and therefore ensure the best care for our clients and our businesses.

Training offered by AHA (WA)

AHA have extended an invitation to PHWA members to attend this one day workshop. This is a great opportunity to participate in a varied day of workshops offered by eastern states guests and to network with other practitioners.

AHA (WA) One day Workshop

Venue:	TBA
Cost:	\$ 100:00 Members (includes lunch) \$ 120:00 Non Members (includes lunch)
Time:	9:00 am to 5:00 pm
Date:	Saturday 21 ST April 2007

This workshop goes towards meeting the annual requirements for your mandatory ongoing education hours. Please notify us that you are coming

9:00 am to 9:15 am Registration

THE USE OF HYPNOSIS FOR PREMATURE EJACULATION.

9:15 am – 10:45 am **Leon Cowen**; Master Hypnotherapist & Trainer; Grad Dip Hyp. CMAHA; MASSERT.

In today's "rat race", where being the "head rat" is most important. The resultant stress causes dysfunctions in many areas. One of the most common areas of dysfunction is sexual. This is acknowledged by advertising directly targeting premature ejaculation. Hypnotherapy is very successful in treating premature ejaculation using a variety of techniques such as the Sexual Intensity Controls, Suggestion and the Hypno-analytical Techniques - PRAID (Progression, Regression, Automatic Writing, Ideo-motor Questioning & Dream therapy). This workshop will focus on treating premature ejaculation using the most common presenting symptoms. Leon is the Principal of the very successful Academy of Applied Hypnosis in Sydney.

THE USE OF GENOGRAMS.

11:00 pm – 12:30 pm **Maya Lak**; M.Adult Ed; B.Ed; B.Man; Dip Hyp; Cert.NLP; Cert Couns; Cert.Super; CMAHA

The use of Genograms offers therapists an alternative way of engaging with their clients. When dealing with clients with multiple problems genograms can often be very useful in supplying a reasonably detailed demographic profile of the client and all their significantly related family members. Maya operates a busy counselling & hypnotherapy practice in Wahroonga in Sydney. NSW

LUNCH BREAK This is also the time & place for networking and where good friendships and alliances are formed and/or developed.

HYPNOSIS FOR THE TREATMENT OF TRAUMA

1:30 pm – 3:00 pm **Bruni Brewin**; Dip. Hyp. Dip. Couns. CMAHA

Bruni is the current President of the AHA. Bruni's background is as a counsellor and highly experienced hypnotherapist as well as a Trauma and Pain management consultant and Child Sexual Assault Counsellor. Bruni will share with us some techniques she has found successful in helping people overcome some of their issues relating to trauma. Bruni currently runs a flourishing counselling & hypnotherapy practice in Chipping Norton in Sydney, NSW.

THE USE OF NLP IN THE TREATMENT OF PHOBIAS

3:30 pm – 5:00 pm - **Alistair Horscroft**: Master NLP Practitioner; Hypnotherapy & NLP Trainer; CMAHA

Learn the latest approaches to phobias using clinical hypnotherapy and NLP. Alistair has 2 very successful offices one in Sydney and the other on the Sunshine Coast. He has also had his own Discovery Channel series and runs Phobia programs for leading establishments such as The Taronga Zoo and The Australian Reptile Park.



A.H.A. (WA Branch) WORKSHOP REGISTRATION FORM

Saturday 21ST April 2007

AHA Members \$100:00 or Non-members \$120:00

NAME:

ADDRESS:

PHONE:.....Email:

Please complete and return with your remittance to:

The Treasurer; Peter Smith; 2 Armadale Crescent Coolbinia 6050 or phone (08) 9201 9290

HURRY! Get your registration in before 15th April 2007 and be in the running to win a workshop for free

It's all in the attitude....

There once was a woman who woke up one morning, looked in the mirror, and noticed she had only three hairs on her head.

Well," she said, "I think I'll braid my hair today?"
So she did and she had a wonderful day.

The next day she woke up, looked in the mirror and saw that she had only two hairs on her head.

"H-M-M," she said,
"I think I'll part my hair down the middle today?"
So she did and she had a grand day.

The next day she woke up, looked in the mirror and noticed that she had only one hair on her head.

"Well," she said, "today I'm going to wear my hair in a pony tail."
So she did and she had a fun, fun day.

The next day she woke up, looked in the mirror and noticed that there wasn't a single hair on her head.

"YEA!" she exclaimed,
"I don't have to fix my hair today!"



Meetings for 2007:

Sunday 18th February

Sunday 18th March

Sunday 15th April

Sunday 20th May

Sunday 17th June

All meetings are held at 10.00am
at The Mofflyn Training Centre,
32 Burton Street, Cannington

Training for 18th Feb

will be conducted by

Sonia Czernik:

'Client management'

Are there times you
need to "bounce
off" someone?

Ring or email one of
these people - they
will gladly hear you
and share their own
experiences with
you.

Supporting each
other is what we're
all about....

WAHA Buddies.....here for you.....

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Your committee...

Please feel free to contact any of the committee members - that's what we're here for.

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Education Patricia Barker
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Welfare Marina Deluca Cardillo
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Government accredited workshops in Perth in April 2007

It's rare that we have visitors from the eastern states to provide accredited training right here in Perth so this is a great opportunity to extend your knowledge and qualifications.

In summary, the following is offered:

Non- accredited training

23, 24 & 25 February

Certificate in Clinical Hypnotherapy - Introduction to Hypnotic Techniques [optional recognition by the American Board of Hypnotherapy (ABH)]

Government accredited training

14, 15 16 April CACH

17 April RPL workshop (Recognition of other hypnosis training you may have completed) No charge

18 & 19 April Hypnoanalytical Techniques

19 & 20 April Practical Workshop

View further information on all training listed, [view the following website and follow the links.](http://www.mindovermatter.com.au/viewStory/Training)
<http://www.mindovermatter.com.au/viewStory/Training>

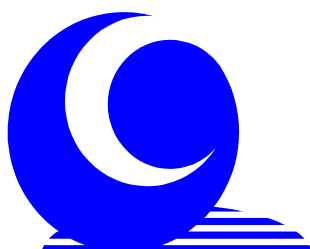
PLEASE NOTE: This training is not connected to PHWA or the Committee in any way. Please direct all enquiries according to the information on the above website

Keeping members informed....

Contributions & comments to:

Editor:

Mailin Colman
marnie1@iprimus.com.au
0417 184 355



Advertising in the newsletter...

The PHWA Inc Newsletter would like to offer advertising space for private and business purposes. This advertising space would be very reasonable in cost and assist us in obtaining a wider circulation - good for all our businesses!

Currently the newsletter is available on the website and many members circulate it to their clients. We hope to increase this. Help us to help you!!

Clearly we cannot advertise our individual hypnosis businesses but if you are involved with other products or equipment, other modalities etc, take advantage of making yourself known with your peers! Introductory offer of \$10 per ad (up to 1/4 page).

Quote of the month:

Start by doing what's necessary, then what's possible and suddenly you are doing the impossible."

St Francis of Assisi