

Professional Hypnotists of WA Inc

Volume 2, Issue 2

April 2007

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The opinions expressed in this newsletter are of each author.

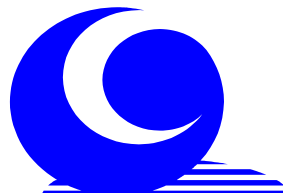
PHVA takes great pleasure in welcoming the following new members:

**Carolyn
Midwood
Harry Cockburn
Candice Lambert
Roísín Bowie
Phillip Harrison**

Wonderful developments.....

Officially PHWA Inc

For those of you who subscribe to the newsletter and do not receive the meeting minutes, we are pleased to announce that as of the 8th of March, we are officially PHWA Inc. All certificates have been issued, the website has been changed and the constitution accepted by Fair Trading. All that remains is the Code of Ethics and that will be doing the rounds shortly.



Formation of a "Federation of Hypnotherapy Associations"

On Sunday the 15th of April, our President, Sandi Saber is flying to Sydney to attend a meeting to be held on the 16th, addressing the above.

PHWA's attendance and involvement is vital since

the development of an "umbrella" organisation can only benefit every single one of us and bring the whole of Australia into line with uniform professional standards.

In the interests of keeping all interested parties fully informed, we have provided the original proposal and the agenda on Page 2.

We will present the outcomes as they are received.

Presidents Report

Dear Members

I would like to take this opportunity to thank Mailin Colman, James Vote and all members for the loyalty and support that has been shown to both myself, the committee and the association during the months awaiting the inception of the Professional Hypnotists of WA Inc.

Since the beginning of the year our training sessions after meetings have been very interesting and I would like to thank Geoff Milburn, Sonia Czernik and Linda Bright for providing us with these very educational and informative lectures.

As you are all aware this year has had it ups and downs, but I am very proud to say that we are definitely on the way up! Our membership numbers have increased, the web site is up and running very smoothly, monthly training is now a part of our regular meetings and we are in the process of putting into place a professional development structure.

With your support, we will continue to hold our heads up high and go from strength to strength.

Always

Sandi Saber

This is the email we received on the 30th of March, 2007 and below it is the Agenda received a few days later. Sandi will return with further details and, at some point, we expect to receive full minutes of the meeting.

Expression of Interest to the Formation of Federation of Hypnotherapy Associations

Informal discussions have taken place between hypnotherapy associations and educational organisations training future hypnotherapists, to formulate a 'Federation of Hypnotherapy Associations'. (This is only a suggested name based on the NZ Hypnotherapy Federation constitution.)

Recent events in SA has shown that different association and interested parties can and need to work together. It is suggested that in the future the 'Federation' will be called upon and we must react on a professional basis if our profession is to succeed.

It is important when we have to provide evidence and support to challenges to our profession that we sing from the same hymn sheet. We can easily let ourselves down and assist our opposition by auctioning our individual ideas as being the 'best ones'.

We will be asked for standards in training, code of ethics and delivery of hypnotherapy services. We must be ready.

The PCHA and the AHA (among others) recognise the possible legislative challenges ahead. On this basis, we are prepared to organise a meeting to gauge who are supportive of the Federation proposal and what would be expected from it.

As colleagues from interstate have indicated support, the meeting is intended to be held in the surrounds of Sydney Airport.

Two persons (max) from each organisation are invited to attend. Any costs associated with hire of facilities to be shared between participating associations.

INAUGURAL MEETING HYPNOSIS INDUSTRY

16th APRIL 2007

Present / Apologies / Welcome / Introductions / Discussions:

Before we can progress, we need to know:

1. Who/what constitutes the hypnotherapy industry. What are the inclusions/exclusions?
2. What will be the role of a Federation?
3. What do you see as the benefits of a Federation?

Objectives resulting from discussions / Lunch / Open discussion / Suggested Plan of Action / Election of Steering Committee

1. The Umbrella associations name
2. Sub committees
3. How is the Umbrella association going to be financed? If the umbrella association works on behalf of its member associations – then it needs to be financed by them – and thus their members. What is the expected cost of running the umbrella association?
4. Future meetings?

Other items to be considered (time frame allowing):

1. The future structure for the Umbrella association?
2. Whether the working party should be called a Council (or Delegate) of its Member Association?
3. If it is the Council (or Delegate) of the Member Association that then elects the Board? Nomination/Selection Process
4. if the Board should include one member that is not a hypnotherapist?
5. Once that has been decided it is the Council's (or Delegate's) responsibility to decide
 - a) The Umbrella associations name
 - b) On a definition of hypnotherapy
 - c) A constitution
 - d) Directors Insurance
 - e) A website
 - f) A minimum level of training that all member associations agree to meet
 - g) Standards for ethical practice that all member associations agree to adhere to.
 - h) A complaints procedure that all member associations agree to adhere to.
 - i) To work "behind the scenes" in developing strategic contracts with governments and other institutions, and representing the interests of the profession on a range of policy issues that affect both practitioners and consumers of our services – how is this best done?

Climb Till Your Dream Comes True

Often, your tasks will be many and more than you think you can do.
Often, the road will be rugged and the hills insurmountable too.

But always remember, the hills ahead are never as steep as they seem.
And with faith in your heart, start upward and climb till you reach your dream.

For nothing in life that is of worth is ever too hard to achieve If you have the courage
to try it, and you have faith to believe.

For faith is a force that is greater than knowledge or power or skill, and many defeats
turn to triumphs if you trust in your wisdom and will.

For faith is a mover of mountains. There's nothing that you cannot do.
So start out today with faith in your heart and climb till your dream comes true.

Kate Joyce kindly provided this - With thanks!



Meetings for 2007:

Sunday 20th May
Sunday 17th June
Sunday 15th July (AGM)
Sunday 19th August
Sunday 16th September
Sunday 21st October

Sunday 18th November
Sunday 16th December

All meetings are held at 10.00am
at The Mofflyn Training Centre,
32 Burton Street, Cannington

Are there times you
need to "bounce
off" someone?

Ring or email one of
these people - they
will gladly hear you
and share their own
experiences with
you.

Supporting each
other is what we're
all about....

PHWA Buddies.....here for you.....

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Profile.... Mailin Colman



Mailin comes from a varied career background, including live theatre production, public health service both here and in

Europe and includes counselling as well as a variety of corporate administration/management roles.

In the late nineties, Mailin decided to throw caution to the wind and pursue her passions for natural health and healing and so, entered full time study.

She has been a qualified and practicing clinical aromatherapist, massage therapist, flower essence practitioner and reflexologist since 2000.

Mailin came to hypnosis in a very round-

about way – having never considered it before, a friend invited her to hear a speaker at her venue and yes, that speaker turned out to be Rick Collingwood! She enrolled in his course that very evening and the rest, as they say, is history. She developed a great passion for hypnosis and absorbed as much as she possibly could.

Meeting Sandi Saber at Rick's AMD course took Mailin on yet another unanticipated journey, in that she was soon "talked into" running for Secretary of the then WATA. That was in 2005. Here she still is.... driving you all nuts!

Upon graduation in 2004, Mailin began

working as a hypnotist in conjunction with her other practices at home. By mid 2005, she had joined Linda Bright at Mind over Matter where she gained some amazing experience and really learnt what it meant to work in this profession full time. There was no going back now!

At the beginning of 2007, she moved away from Mind over Matter and began working at Brockman House in Midland where a whole new set of experiences awaited – working closely with psychologists has set her on yet another path of discovery and learning.....the journey continues and grows ever more interesting

May it be so for all of us....

Your committee...

Please feel free to contact any of the committee members - that's what we're here for.

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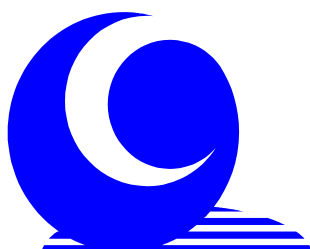
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Keeping members informed....

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The Native South American Indians have a wonderful way of helping their children deal with fears that are being represented or released as monsters in their dreams at night. The child is told that when the monster shows up in their dream they MUST stay with it at all times and be beside it the whole time. When the monster then bears its teeth, they have to bear THEIR teeth and ask the monster whether he is there for their greater good. The monster HAS TO reply (and will), because the child bared his teeth – and when he does reply, he MUST tell the truth. If the answer is "no", then the monster MUST go away and leave the child to remain dreaming peacefully. If the monster says YES then he must fully explain the positive reason he is there so the child can understand and not be afraid anymore.

Thanks for providing this go to Caroline Cumming!